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Hello and welcome to the 2023 World Police and Fire Games!

### **Sport Specific Information for Wrist-wrestling**

Please review the [Wrist Wrestling Abridged Rules](#) for competition format and sport specific details.

### **Contact information**

If you have any questions regarding, Wrist-wrestling please contact your Sport Coordinator: Vivan Santos at [wristwrestling@wpfg2023.com](mailto:wristwrestling@wpfg2023.com)

Or

WPFG Federation Director: Jerome Williams at [jwilliams@cpaf.org](mailto:jwilliams@cpaf.org)

### **Weigh-Ins**

Your Weigh-In details are:

Date: August 1

Time: 17:00-19:00

Location: RBC Convention Centre - Official Weigh-In Room

Please ensure you are dressed appropriately for your Weigh-in.

### **Competition Schedule**

Competition will run between 17:00-23:00.

Your detailed Sport Schedule will be available on the WPFG website through the [Wrist Wrestling page](#) after Weigh-ins.

### **Sport Equipment**

- Items worn on either arm, wrist, or hand are not permitted.
- Substances applied to the hand or wrist are also not permitted, with the exception of chalk. Caps must be turned around or removed.
- Large belt buckles must be removed prior to competition.

### **Venue**

The Forks (Also host of the Athletes Village)  
1 Forks Market Rd

Food and beverage kiosks will be available at all competition venues.



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## Transportation

As part of your Accreditation, you will be granted free access to [Winnipeg Transit](#) services, which is perfect for getting around to different attractions throughout the city as well as the majority of our competition venues. For more details on routes and schedules please visit the [Winnipeg Transit Trip Planner](#).

## Parking

There is paid parking available at the Forks Market and surrounding area. Please utilize Winnipeg Transit for your arrival and departure whenever possible.

## Registration in Winnipeg

All competitors are REQUIRED to register at the RBC Convention Centre Accreditation Centre and receive their credentials no later than the day before their competition begins.

**You must bring your department / agency Identification when checking in at the accreditation centre.**

## Location

**RBC CONVENTION CENTRE WINNIPEG  
375 York Ave Winnipeg MB R3C 3J3**

## Hours of Operation

**Monday July 24 - 12:00 pm - 7:00 pm *Local Athletes, come early and beat the rush!***

**Tuesday July 25 - Thursday July 27: 9:00 am - 7:00 pm**

**Friday July 28: 7:00am - 4:00pm**

***\*\*Early Closure for Opening Ceremonies. You must have accreditation to gain entry to the Marshalling area for the Athletes Parade\*\****

**Saturday July 29 - Sunday July 30: 7:00am - 7:00pm**

**Monday July 31 - Tuesday August 1: 7:00am - 5:00pm**

**Wednesday August 2 - Saturday August 5: 9:00am - 5:00pm**

**Sunday August 6: 9:00am - 1:00pm**

\*Note: Hours are subject to change based on needs



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## Additional Games Information

### Security of Personal Items

Please note that security for your personal items is your responsibility while competing. WPF2023 is not responsible for any lost, stolen, or damaged items.

### Opening Ceremonies

Schedule: Friday July 28, 2023		
Activity	Time	Location
<b>Athlete Marshalling Starts</b>	4:30pm	<b>RBC Convention Centre</b> 3rd Floor HALL A/B 375 York Ave Winnipeg, MB R3C 3J3
<b>Parade Start</b>	6:30pm	
<b>Doors Open</b>	6:30pm	<b>Canada Life Centre</b> 300 Portage Avenue, Winnipeg, MB R3C 5S4
<b>Pre-show begins</b>		
<b>Main Show Begins</b>	7:00pm	
<b>End of Show</b>	9:30pm	

The Opening Ceremony begins with the Athletes Parade, which will start at the **RBC Convention Centre, 3rd Floor HALL A/B** and march to the **Canada Life Centre** (approx. 600 meters). Food & Beverage will be available for purchase in the marshalling area. You must have your Accreditation to access Hall A/B and take part in the parade.

#### **\*Things to Note:**

- Only Athlete credentials will be permitted into the marshalling area or into the Athlete Parade at any point.
- The Accreditation Centre closes at 4:00pm on July 28.
- Please do not bring bags to the Opening Ceremony or Athlete Marshalling Area.

The opening ceremony is the official kick off to the 2023 World Police and Fire Games and will welcome athletes to Winnipeg with an exciting event in Canada Life Centre. Please ensure you RSVP attendance through your registration profile on [Fuse Sport](#). Please note, your plus ones will not be seated with parade and ceremony participants.



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### **Athletes Village**

**Location:** CN Stage & Field

1 Forks Market Road

Winnipeg, Manitoba R3C 4X1

**Dates:** Saturday July 29 - Sunday August 6

**Hours of Operation:** 5:00 pm to Midnight (12:00am)

\*Last call will be at 11:00pm

The Athletes Village is themed Canada's backyard and is the perfect place to unwind after a day of competition. We will be featuring local breweries nightly at our craft beer corner and our bars will be serving beer and premixed drinks. There will also be food available for purchase in the form of food trucks with a variety of options. Each night is a different theme where you can dance the night away to live music, play games, and socialize with athletes from across the world. A detailed schedule will be released on the [WPF2023 website](#) closer to the games.

On August 2, 2023, Athletes Village will host Wrist Wrestling. Competition commences at 5:00pm.

### **Closing Ceremonies**

**Location:** CN Stage & Field

Athletes Village

**Date:** Sunday August 6th

**Time:** Gates opens at 4:00 pm, Closing Ceremony starts at 5:00 pm.

Come and celebrate the closing of our Games as we pass over the WPF2023 Flag to Birmingham, Alabama for the 2025 World Police & Fire Games. There will be food & beverage available for purchase and live music to follow as we celebrate the success of our athletes, give thanks to all our volunteers and say goodbye for now as we look forward to Birmingham 2025.

### **Merchandise**

The 2023 Games Host Society is proud to offer a full merchandise program to commemorate the 2023 World Police & Fire Games. For more information and to view the WPF2023 merchandise program please [click here](#)! All prices listed are in Canadian funds and electronic payment will be accepted at our on-site booths. Merchandise will be available at the RBC Convention Centre and Athletes Village.

**It is the responsibility of the competitor to regularly check: [www.wpf2023.com](http://www.wpf2023.com)**