

ROAD TO 2023

May 2023 Edition



2023

World Police & Fire Games

What is the 2023 WPFG?

As the largest sporting event ever hosted in Manitoba, the 2023 World Police & Fire Games will be an exciting community-wide sports event that takes place from July 28 - August 6, 2023. Held biennially, the World Police & Fire Games is an Olympic-style competition with more than 8,500 athletes representing law enforcement officers, firefighters, and first responders from 60+ countries across the world competing in 63 sports.

#Train4WPFG

This month we have officially launched our #Train4WPFG social media campaign. This campaign is designed for athletes to show us how you train for the Games! Post your training video with #Train4WPFG and we will repost your training video on our Instagram stories. We wanted to create a fun way to get all athletes involved and show how you're training for the 2023 World Police & Fire Games. We cannot wait to see your training video and to see you at the Games! #train4WPFG Today!



2023 WPFG • May 2023

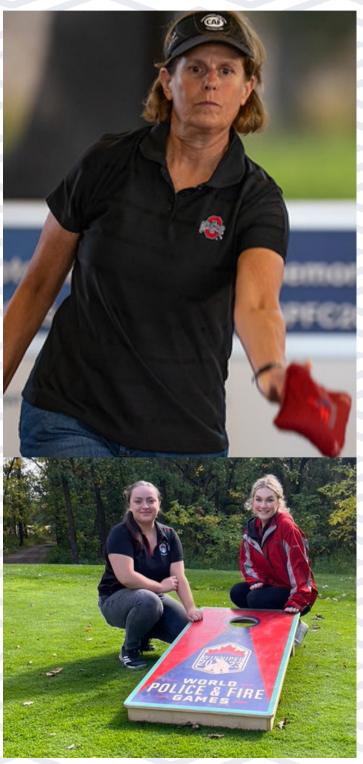
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CORNHOLE



CORNHOLE



What Is It?

Cornhole is a popular leisure sport. It involves throwing a bean bag into a hole in a wooden board. The sport involves hand-eye coordination, muscle memory, and a good knowledge of depth.

How do you win it?

The game will be played to the predetermined number of twenty-one (21) points. The first player/team to reach (or exceed) that amount at the conclusion of a frame is the winner.

Fun facts

- Cornhole has many names:sack toss, bags, baggo, bean bag toss, corn toss, lawn toss, bag toss, backyard toss, tailgate toss, wooden boards, soft horseshoes, hillbilly horseshoes, chuck-o, doghouse.
- Cornhole was originally played with square holes.





ATHLETE FEATURE: CHAD SWAYZE

When you think of the World Police & Fire Games in Winnipeg, a certain face comes to mind: Chad Swayze. Swayze, a determined athlete, firefighter and a decorated archer and champion in the World Police & Fire Games, also serves as Board Chair for the 2023 World Police & Fire Games here in Winnipeg this summer.

Swayze became a firefighter at 21 years old and began competing in the Games when he discovered a World Police & Fire Games poster at his firehall. Many of his colleagues crowded around the poster and decided to put together a dragon boat team for that year's Games.

Over the years, Swayze saw and learned the importance of the Games. He saw what the Games could do for host cities and thought it would be an excellent opportunity for Winnipeg, Manitoba, Canada.

Swayze is one of the "core four" (the four Winnipeg athletes) who worked to bring the 2023 World Police & Fire Games to Winnipeg. With much passion and dedication, his hard work paid off as he succeeded in bringing the games to Winnipeg for 2023.

"What have we just done," Swayze said with excitement and shock when he found out Winnipeg had won the bid to host the Games he laughed. Since then, he has put a lot of time and work into the 2023 WPFG to ensure an amazing experience for all athletes attending this summer in Winnipeg.

Growing up, Swayze always had a passion for sports. His love started with soccer at the age of seven, then he started shooting archery and found a love for the sport. At thirteen, he started shooting in archery competitions and has won multiple medals and trophies, including many from the World Police & Fire Games.

Swayze worked hard to master the sport, which paid off as he is one of the best with many titles behind his name. He started competing in the World Police & Fire Games in 2007 in Adelaide, Australia, then on to the Games in 2009, 2011, 2013, 2015, 2017,2019, and, most recently, 2022 WPFG. He has also competed in Dragon Boat in the Games, however, archery will always be his favourite sport and passion.





ATHLETE FEATURE



ATHLETE FEATURE: CHAD SWAYZE

Since he enjoys competing in target archery 900 rounds (shooting 90 arrows with your best possible score being 900), he has a different way of training than the other competitors. Swayze trains by shooting 125-175 arrows daily in preparation for the games.

"It takes more mental work compared to physical, but there is certainly a physical aspect as well," said Swayze.

Swayze has competed in many Games and has many memories, but his best memory was when he got the Games flag handed to him in 2022 in The Netherlands, knowing he was bringing the tradition to Winnipeg.

"Getting the official flag handed over to me felt like a way of the Federation saying 'congrats for winning the bid, now show us what you got."

He also loves meeting people from all around the world. "I have friends in Belgium, Iceland, USA, Ireland, Australia, and many more countries. I look forward to catching up with everyone in person each WPFG and now this year, it's in my home town."

Through his years of firefighting and competing in the Games, he has learned how important participating in the Games is. He found joy in the training aspect and has gained many connections and friends with people who work in the same field.

He believes sport is incredibly important for first responders; it is perfect for building mental and physical health. It is safe to say the World Police & Fire Games is such a life-changing event, and it brings people from all over the world to connect and enjoy a friendly sports competition together.





ULITIMATE FRISBEE



Ultimate Frisbee

This summer, for the first time ever, ultimate Frisbee is part of the 2023 World Police & Fire Games!

What is It?

Ultimate Frisbee is a non-contact team sport played by using a Frisbee.

How do you play it?

The disc may be propelled in any way the player wishes. The disc may never be handed from player to player. In order for the disc to go from one player to another, it must at some time be in the air. No player may walk, run, or take steps in possession of the disc.

Fun facts

- The term "Frisbee" is a trademark of the Wham-0 toy company
- A real ultimate Frisbee game has no referee





TEAM SPORTS



TIME IS RUNNING OUT!

It is time to assemble your teams and register for the 2023 World Police & Fire Games! The majority of team sports must have the minimum number of players registered by the closing date of June 15. If a team does not have the minimum number of players, they will not be included in bracketing or be allowed to compete.

Teams with the minimum number of players registered before June 15 can continue adding players until the sports closing deadline.

Below are the sports included in the June 15 deadline and the number of athletes needed for teams to be included in bracketing:

Badminton - 2 athletes Basketball 3x3 - 3 athletes Basketball 5x5 - 5 athletes **Curling - 4 athletes** Dragon Boat 10's - 8 athletes Dragon Boat 20's - 16 athletes Field Lacrosse - 10 athletes Flag Football - 6 athletes Ice Hockey - 6 athletes Pickleball - 2 athletes Rugby 7s - 7 athletes Soccer - Indoor - 9 athletes Soccer - Outdoor - 8 athletes Softball - 10 athletes Tennis - 2 athletes Ultimate Frisbee - 7 athletes Volleyball - Beach - 2 athletes Volleyball - Indoor - 6 athletes Golf - 1 athlete









Be sure to register ASAP so you don't miss out on the fun in Winnipeg (trust us, athletes village alone is something you do not want to miss!).



TEAM UPDATES



Winnipeg Police Service Half Marathon

During the first week of May, the 2023 WPFG team volunteered at the Winnipeg Police Service Half Marathon. We had a blast handing out water and Gatorade as each runner passed by. Some of our team members even took part in their 5K run option.



WPFG Promotion

Huge thank you to the City of Winnipeg for having our banner in the front and back of city hall. As the Games get closer, the team is getting really excited about welcoming the world to Winnipeg.





FRIENDS OF GAMES



BECOME A FRIEND OF THE GAMES

We are looking for local businesses to become Friends of the Games. More than 10,000 athletes and family members will visit Winnipeg between July 28 - August 6, 2023. Unlike other multi-sport events, these guests will be staying in hotels around the city and will be responsible for their own meals and entertainment. So why not be featured as a preferred location?

We will be providing each accredited athlete and all 3,000 volunteers, with a list of our Friends of the Games. Be one of the local restaurants, entertainment venues, and attractions featured to each athlete.

Local organisations who wish to be a Friend of the Games pay a fee of \$300 and offer a discount or promotion for accredited visitors. Additional locations can be registered at a discounted fee.

Becoming a Friend of the Games is simple. We will provide the following:

- · Advertising materials such as window decals;
- · Friends of the Games directory on our website and in the athletes handbook;
- Highlight our Friends on our Instagram Highlights and Facebook albums;
- Will like and share Friends of the Games social media posts that tag the World Police & Fire Games.



HERE ARE A FEW OF OUR FRIENDS ALREADY

Winnipeg Trolley Co. Fire Fighter Museum of Winnipeg

Moxie's Kenaston

The Healthy Nut Shark Club

Royal Aviation Museum of Western Canada

Decadence Chocolates Inc Junction 59

Serratus Movement Centre

Boston Pizza

James Avenue Pumphouse The Nook Diner

WAG (Winnipeg Art Gallery) Cibo Waterfront Cafe

Rumor's Comedy Club



BOLO



Be On Lookout

HOTELS

Book your stay today! Hotels are booking quickly, the following hotels are sold out; The Residence Inn by Marriot Winnipeg, Quality Inn & Suites, Econo Lodge Winnipeg South, Homewood Suites by Hilton Winnipeg Airport - Polo Park, Fairfield Inn & Suites Winnipeg. The Delta and Holiday Inn & Suites Downtown are close to sold out, so book asap.

Book your stay at Fairmont Winnipeg! Located downtown at 2 Lombard Place, Winnipeg, MB R3B 0Y3. The Fairmont Winnipeg has it all from a pool, gym, restaurant, and much more. Book your stay today.



Show us how you train for the Games. Use the hashtag #Train4WPFG and tag us on Instagram @WPFG2023Winnipeg. We cannot wait to feature you on our Instagram.

OPPORTUNITIES

The Games are on the lookout for officials. If you or someone you know is passionate about one of our 63 sports, please get in touch with us via email: officials@wpfg2023.com to learn more!

UPDATES

Frequently check our website and social media for all the latest information and updates. The World Police & Fire Games team posts all the information you need to stay updated!





FOR ALL QUESTIONS NOT LISTED ON THE WEBSITE OR ANY CONCERNS, PLEASE CONTACT US VIA EMAIL: INFO@WPFG2023.COM.