Bodybuilding Schedule

Venue: THE MET

Dates: Saturday July 29, 2023

Bodybuilding Competition will commence at 9:30 (one day event)

Key Notes for all the Atheles:

- All the athletes arrive at the venue at the same time.
- Award Ceremony will be held following the pre-judging.
- Please make sure you provide your music on a USB during the athlete measurement.
- Tanning services will be availbale on site during the competion day and make sure that you book the services you require
- Any questions about the competition may be addressed to bodybuilding@wpfg2023.com